

Stage 2

Term 4 Week 3

Year 3 - Year 4

Remote
Learning
Resources

Name _____

Date _____

Improving Procedure Texts

Procedure texts inform how to do or make something through a series of steps. These steps must be detailed enough for someone to successfully achieve the goal of the procedure.

The three procedure texts in the boxes below are too simple! They need more detail to help the reader successfully achieve the goal.

Choose one of the procedure texts below. Rewrite the text on the template provided, adding adverbs and adverbial phrases to make the procedures more detailed. You may need to add more steps to the method, also!

How to Make a Sandcastle

Goal: To make a sandcastle.

Equipment

a bucket, a spade, sand, shells

Method

1. Fill the bucket with sand.
2. Tip out the sand.
3. Decorate your sandcastle.

How to Plant a Seed

Goal: To plant a seed.

Equipment

a seed, a pot, soil, a spade,
a watering can, water

Method

1. Put a seed in the pot of soil.
2. Water it.
3. Leave it to grow.

How to Play 'Piggy in the Middle'

Goal: To keep the ball off the 'piggy'.

Equipment

a ball

Method

1. Choose a 'piggy'.
2. Place the piggy between two other players.
3. Keep the ball away from the piggy.



WRITING

Procedure Texts - Worksheet

Name _____ Date _____

Procedure Text Writing Scaffold

Title: _____

Goal: _____

Materials/Equipment/Ingredients

Method

Step 1: _____

Step 2: _____

Step 3: _____

Step 4: _____

Step 5: _____



Name: _____

Date: Week 3

Multiplication Facts of 4

Monday

Tuesday

Wednesday

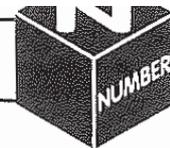
Thursday

1) $4 \times 2 =$	21) $3 \times 4 =$	41) $4 \times 2 =$	61) $4 \times 2 =$
2) $3 \times 4 =$	22) $7 \times 4 =$	42) $0 \times 4 =$	62) $4 \times 4 =$
3) $10 \times 4 =$	23) $6 \times 4 =$	43) $12 \times 4 =$	63) $4 \times 3 =$
4) $7 \times 4 =$	24) $4 \times 4 =$	44) $4 \times 3 =$	64) $4 \times 9 =$
5) $4 \times 1 =$	25) $4 \times 11 =$	45) $3 \times 4 =$	65) $4 \times 10 =$
6) $3 \times 4 =$	26) $4 \times 5 =$	46) $12 \times 4 =$	66) $4 \times 8 =$
7) $11 \times 4 =$	27) $4 \times 9 =$	47) $4 \times 5 =$	67) $5 \times 4 =$
8) $9 \times 4 =$	28) $3 \times 4 =$	48) $5 \times 4 =$	68) $0 \times 4 =$
9) $4 \times 10 =$	29) $4 \times 3 =$	49) $3 \times 4 =$	69) $12 \times 4 =$
10) $4 \times 2 =$	30) $4 \times 10 =$	50) $4 \times 10 =$	70) $4 \times 3 =$
11) $12 \times 4 =$	31) $2 \times 4 =$	51) $4 \times 1 =$	71) $4 \times 4 =$
12) $4 \times 5 =$	32) $0 \times 4 =$	52) $11 \times 4 =$	72) $6 \times 4 =$
13) $2 \times 4 =$	33) $4 \times 6 =$	53) $4 \times 3 =$	73) $0 \times 4 =$
14) $6 \times 4 =$	34) $6 \times 4 =$	54) $4 \times 6 =$	74) $4 \times 5 =$
15) $1 \times 4 =$	35) $2 \times 4 =$	55) $3 \times 4 =$	75) $1 \times 4 =$
16) $8 \times 4 =$	36) $4 \times 9 =$	56) $4 \times 5 =$	76) $2 \times 4 =$
17) $4 \times 3 =$	37) $11 \times 4 =$	57) $4 \times 12 =$	77) $10 \times 4 =$
18) $4 \times 11 =$	38) $4 \times 7 =$	58) $3 \times 4 =$	78) $4 \times 2 =$
19) $7 \times 4 =$	39) $4 \times 5 =$	59) $8 \times 4 =$	79) $4 \times 1 =$
20) $4 \times 0 =$	40) $1 \times 4 =$	60) $0 \times 4 =$	80) $6 \times 4 =$

Time: _____

Score: _____ / 80





1. Circle the words that mean the same as the symbol \div .

share groups of add divided by subtract shared between

2. Use counters to help you write and solve these division problems.

The first one is done for you.

e.g. 15 divided by 3		$15 \div 3 = 5$
(a) 20 divided by 4		_____ \div _____ = _____
(b) 12 divided by 3		_____ \div _____ = _____
(c) 16 divided by 4		_____ \div _____ = _____
(d) 21 divided by 3		_____ \div _____ = _____
(e) 18 divided by 2		_____ \div _____ = _____

3. Use counters to help solve these division problems.

(a) $14 \div 2 =$ _____ (b) $9 \div 3 =$ _____ (c) $15 \div 5 =$ _____

(d) $20 \div 4 =$ _____ (e) $18 \div 3 =$ _____ (f) $24 \div 4 =$ _____

(g) $16 \div 2 =$ _____ (h) $21 \div 3 =$ _____ (i) $25 \div 5 =$ _____

(j) $16 \div 3 =$ _____ remainder _____ (k) $23 \div 5 =$ _____ remainder _____

(l) $18 \div 4 =$ _____ remainder _____ (m) $17 \div 2 =$ _____ remainder _____

(n) $28 \div 5 =$ _____ remainder _____ (o) $20 \div 3 =$ _____ remainder _____



Check your answers using a calculator. Tick (✓) them if they are correct and cross (X) them if they are incorrect. Redo the incorrect sums on the back of the page.

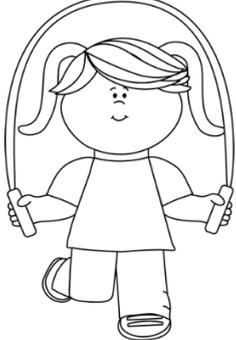
MINDFULNESS CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, THEN COLOUR THE SQUARE

<p>Go outside and take photos of your favourite plants and flowers.</p>	<p>Take 10 deep breaths while keeping your eyes closed. Let your breath out slowly.</p>	<p>Choose one of the online mindful colouring activities from Michael O'Mara Books.</p>	<p>Take 10 minutes to listen to some of your favourite songs that make you happy 😊</p>	<p>Do 5-10 minutes of Cosmic Kids Yoga to calm your mind and body.</p>
<p>Take 5 minutes to stretch your body and practice your deep breathing.</p>	<p>Grab your favourite book, get comfy, and complete 15 minutes of silent reading.</p>	<p>Make a list of 3 things that you are grateful for today.</p>	<p>Create a free Smiling Mind account. Complete a 10 minute meditation or mindfulness activity.</p>	<p>Take a 10 minute colouring break! Draw, colour and create!</p>
<p>Play your favourite board game or card game with a family member.</p>	<p>Spend some time talking to a family member, a friend or a pet.</p>		<p>Think of all the things that make you happy. Write or draw them in a journal.</p>	<p>Build or play with some Lego. Take 10 minutes to do something you enjoy!</p>
<p>Relax and refocus with a puzzle, or complete a Magic Jigsaw Puzzle online.</p>	<p>Lay down outside and do some cloud gazing. Watch as they change shapes, what can you see?</p>	<p>Starting at your feet, gently squeeze each muscle in your body, then gently relax.</p>	<p>Make yourself a mindfulness Glitter Jar to help calm down when you're stressed or overwhelmed.</p>	<p>Close your eyes and listen. What can you hear? Focus on one sound at a time.</p>
<p>Go outside and sit in the sun. Close your eyes and spend 5 minutes feeling the warmth on your skin.</p>	<p>Choose your favourite colour. Look around and find 10 things that colour. Repeat with a new colour.</p>	<p>Do jumping jacks or run around outside. Place your hand on your chest and feel your blood pumping.</p>	<p>Think of something you like about yourself. Now give yourself a compliment. Repeat 2 times.</p>	<p>Try either the cloud, heart or butterfly meditation from Rose Yoga to calm and relax.</p>

MOVEMENT CHOICE BOARD

PICK A SQUARE, DO THE ACTIVITY, THEN COLOUR THE SQUARE

<p>Get moving with GoNoodle or KidzBop. Choose your favourite song and dance along!</p>	<p>Do 10 star jumps, 5 push ups, 3 burpees and 7 squats.</p>	<p>Set up an obstacle course. Jump over pillows, go through the legs of a chair, or go around the furniture.</p>	<p>Draw a hopscotch on the ground with chalk or tape. Play hopscotch.</p>	<p>Do some Cosmic Kids Yoga. Try moves like downward dog, tree pose or mountain pose.</p>
<p>Go outside and ride your bike, scooter or skateboard.</p>	<p>Balloon volleyball! Sit on the floor facing someone. Don't let the balloon touch the ground as you take it in turns to rally.</p>	<p>Go on a walk outside with a family member, or walk around your garden for 10 minutes.</p>	<p>Play soccer. You could use a washing basket as a goal. If you're inside, use a balloon or beach ball.</p>	<p>Turn on your favourite music and have a dance party!</p>
<p>Do a 20 second plank, 15 calf raises, 12 lunges and 15 sit-ups.</p>	<p>Play a game of tag with someone to get your legs moving!</p>		<p>With an adult's permission, play the game The Floor is Lava!</p>	<p>Play a game of Red Light, Green Light with someone at home.</p>
<p>Complete your favourite Chase from Coach Corey Martin! Can you escape?</p>	<p>Get up and find a 10 minute job to do. You could put away some toys or empty the dishwasher.</p>	<p>Choose one of the work outs from Get Kids Moving! There's characters from Marvel, DC, Star Wars and more!</p>	<p>Choose one of the Brain Breaks from UJU Videos. There's Would you rather? This or That? and more!</p>	<p>Go outside and climb a tree! Hunt for insects, and count how many birds you see.</p>
<p>Practice Footy at Home with some of your favourite AFL stars in this awesome YouTube series.</p>	<p>Visit the Skills Hub for Players to practice and improve your soccer skills.</p>	<p>Become a Rugby League Star at home with these awesome backyard activities!</p>	<p>Balance for 30 seconds on each foot. Challenge yourself to balance with an item on your head</p>	<p>Practice Hockey at home with Australia's best, players from the Hockeyroos and Kookaburras!</p>

OCTOBER

KINDNESS CHALLENGE

MAKE A POSITIVE DIFFERENCE TO THE WORLD AROUND YOU BY COMPLETING THE OCTOBER KINDNESS CHALLENGE.
CHOOSE TO BE KIND EVERY DAY, AND COLOUR IN EACH BOX AS YOU COMPLETE EACH ACT OF KINDNESS.

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY

4	5	6	7	8	9	10
Ask someone how their day is going and really listen to their answer.	Smile at everyone you see today, and watch them smile too!	Tell someone a joke to make them laugh and brighten their day.	Talk to a friend and tell them 3 things you like and admire about them.	Make some kindness rocks to leave in random places.	Use some chalk to leave positive messages on the footpath or driveway.	Pick up rubbish around your house, backyard, or in your street.
11	12	13	14	15	16	17
Call an aunt, uncle, grandparent or neighbour and ask "How are you today?"	Help make a family meal, it could be breakfast, lunch, a snack or dinner.	Smile and say "Thank you" to everyone who does something nice for you today.	Write kind messages on sticky notes for your family like, "You're awesome!"	Look in the mirror and tell yourself how amazing you are!	Thank your parents and tell them how much you love them.	Offer to help someone who is in need.
18	19	20	21	22	23	24
Write a letter to a teacher letting them know how much you appreciate them.	Be kind to yourself! Spend some time doing something you love.	Leave a little treat with a kindness card in your neighbour's letterbox.	Say "I hope you have a great day" to everyone you see or talk to.	Do a family member's chore for them.	Place a teddy in your front window for kids to spot.	Help to tidy up a mess that you didn't create.
25	26	27	28	29	30	31
Teach someone else something you're really good at.	Give lots of hugs to the people who mean the most to you.	Do a favour for someone without expecting anything in return.	Make a homemade gift for someone you care about.	Give a compliment to as many people as you can.	Make a kindness poster to display in your front window.	Encourage 5 others to complete random acts of kindness too!

Australian Endangered Animals

Use the words below to fill in the missing information.
You have been given the beginning letter of each of the missing words.

animals	plants	study	protect	survive
endangered	illegal	Australian	extinct	low

An endangered animal is a species that is in immediate danger of becoming extinct. This means that there will be no more of these _____ alive on earth.

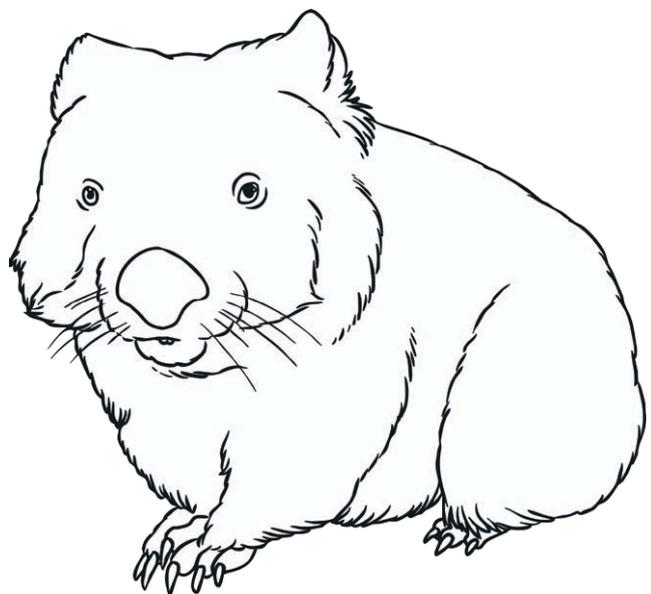
An animal is considered threatened when its numbers are usually very _____ and it needs protection in order to _____. Animals that are most at risk of becoming _____ are categorised as 'critically endangered'.

There are thousands of animals all around the world that are _____, including the Siberian tiger, the African elephant, and the giant panda. All of these animals are placed on a 'Red List' by the IUCN (International Union for Conservation of Nature).

Unfortunately, Australia also has many of its own endangered _____ and animal species that are at risk of becoming extinct. Already, animals such as the Tasmanian tiger have been wiped out completely.

Some endangered _____ animals include:

- hairy-nosed wombat
- bilby
- quoll
- dugong
- numbat
- Tasmanian devil
- Southern Corroboree frog
- cassowary
- grey nurse shark
- Loggerhead turtle
- black cockatoo
- koala

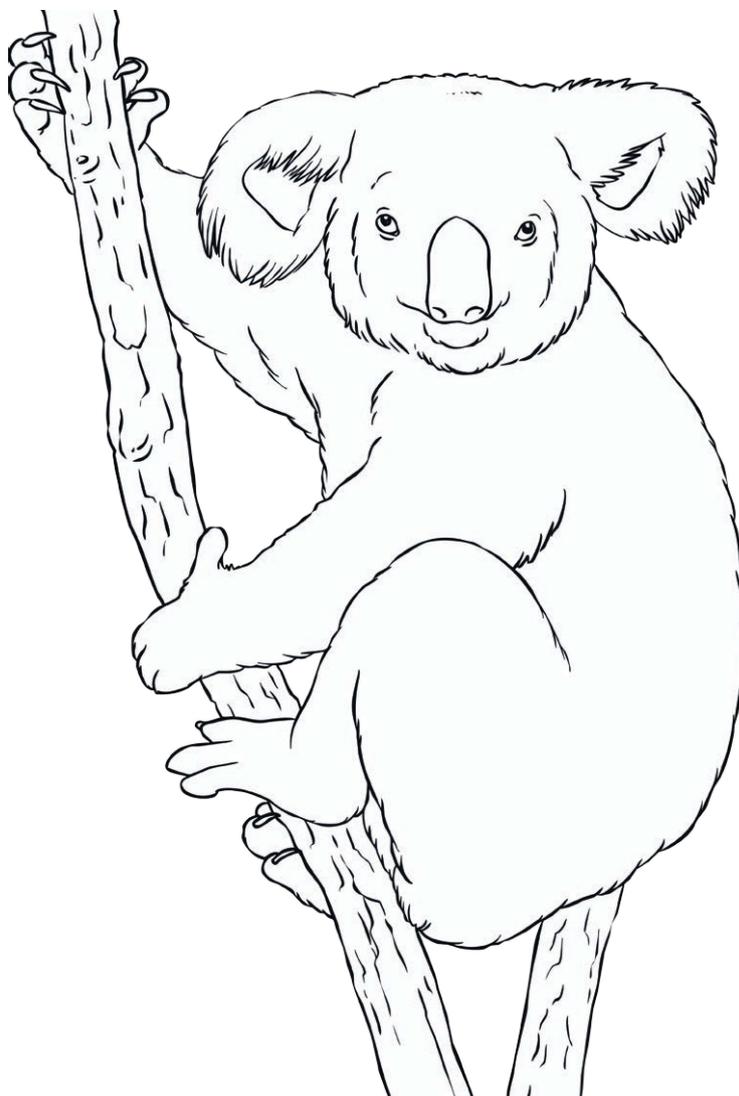


Australian Endangered Animals

Many countries throughout the world have laws that _____ endangered species. There are also wildlife or nature reserves where animals and their habitats are protected. Hunting is also limited or _____. Critically endangered animals are often protected by keeping some of them captive and breeding them in captivity. This helps scientists to keep the species alive and also helps them _____ the animals. Scientists also study the animals in the wild in order to understand what may be affecting their population.

Fast finisher activities:

- Research an endangered animal and write five interesting facts.
- Research an extinct animal and write five interesting facts.
- Use a dictionary to define the following words: habitat; captivity; immediate. Use the words in a sentence.





1. Read, set out and solve these division word problems.

<p>(a) 15 pencils shared among 3 children. How many pencils each?</p> 	$15 \div 3 = \underline{\quad}$	<p>(b) 20 apples were shared among 5 horses. How many did each horse get?</p>	
<p>(c) 18 books shared among 3 shelves. How many on each shelf?</p> 		<p>(d) 24 lollies shared between 2 children. How many lollies each?</p> 	
<p>(e) 21 stickers shared among 3 children. How many stickers each?</p>		<p>(f) 16 biscuits shared among 4 boys. How many biscuits each?</p>	
<p>(g) 12 pieces of pizza shared among 3 people. How many slices of pizza each?</p>		<p>(h) 27 people travel in 5 cars. How many in each car? Any remainders?</p> 	

2. Write your own division word problems for the following.

(a) $14 \div 2 = \underline{\quad}$

(b) $18 \div 4 = \underline{\quad}$



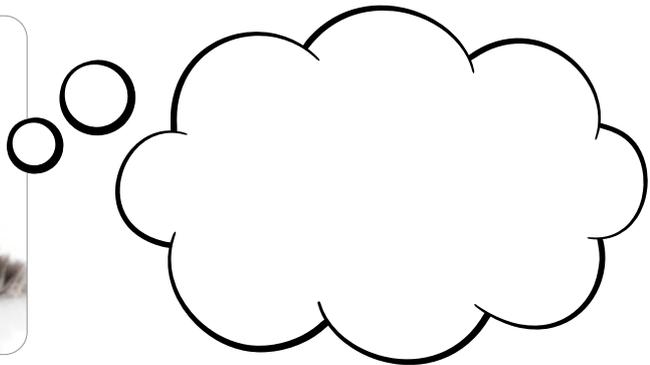
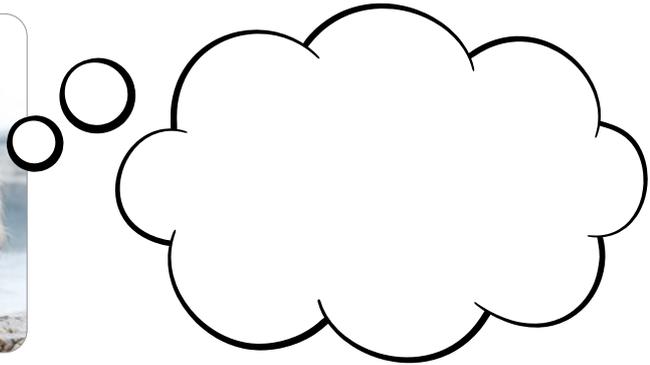
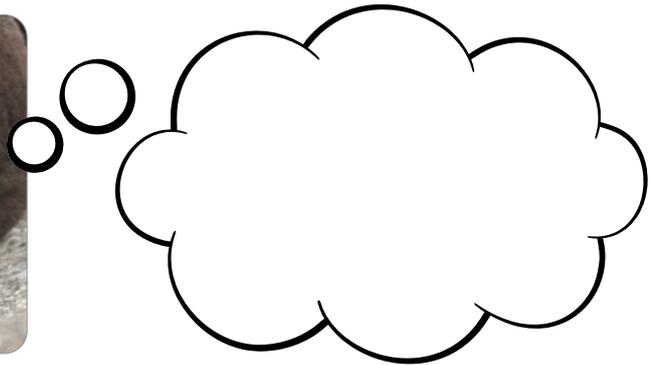
Check your answers using a calculator. Tick (✓) them if they are correct and cross (X) them if they are incorrect. Redo the incorrect problems on the back of the page.

2  Watch the video *Babies Hugging Babies*.

Talk with your class about why people hug.

Heat energy is always moving and flowing. **Conduction** is how heat travels between objects when they touch. Heat can move from person to person, animal to animal and object to object. When creatures hug, heat from the warmer body moves to the colder body.

3 Write what each animal might be thinking in these pictures.



Animals also huddle to shelter their bodies away from the colder air.

Heat always flows from hotter things to colder things.

When you walk on very hot sand, the heat energy from the sand moves to your cooler feet, making them hotter. Ouch!



hot sand



feet

Conduction is heat energy which flows from hotter to cooler objects.

4

Label the objects in each example.



hot iron









cup

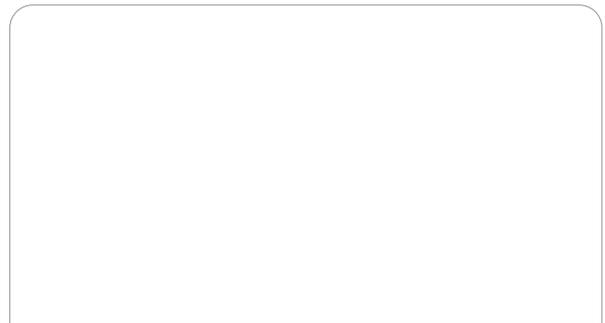






5

Draw and label another example of heat moving from one thing to another through conduction.

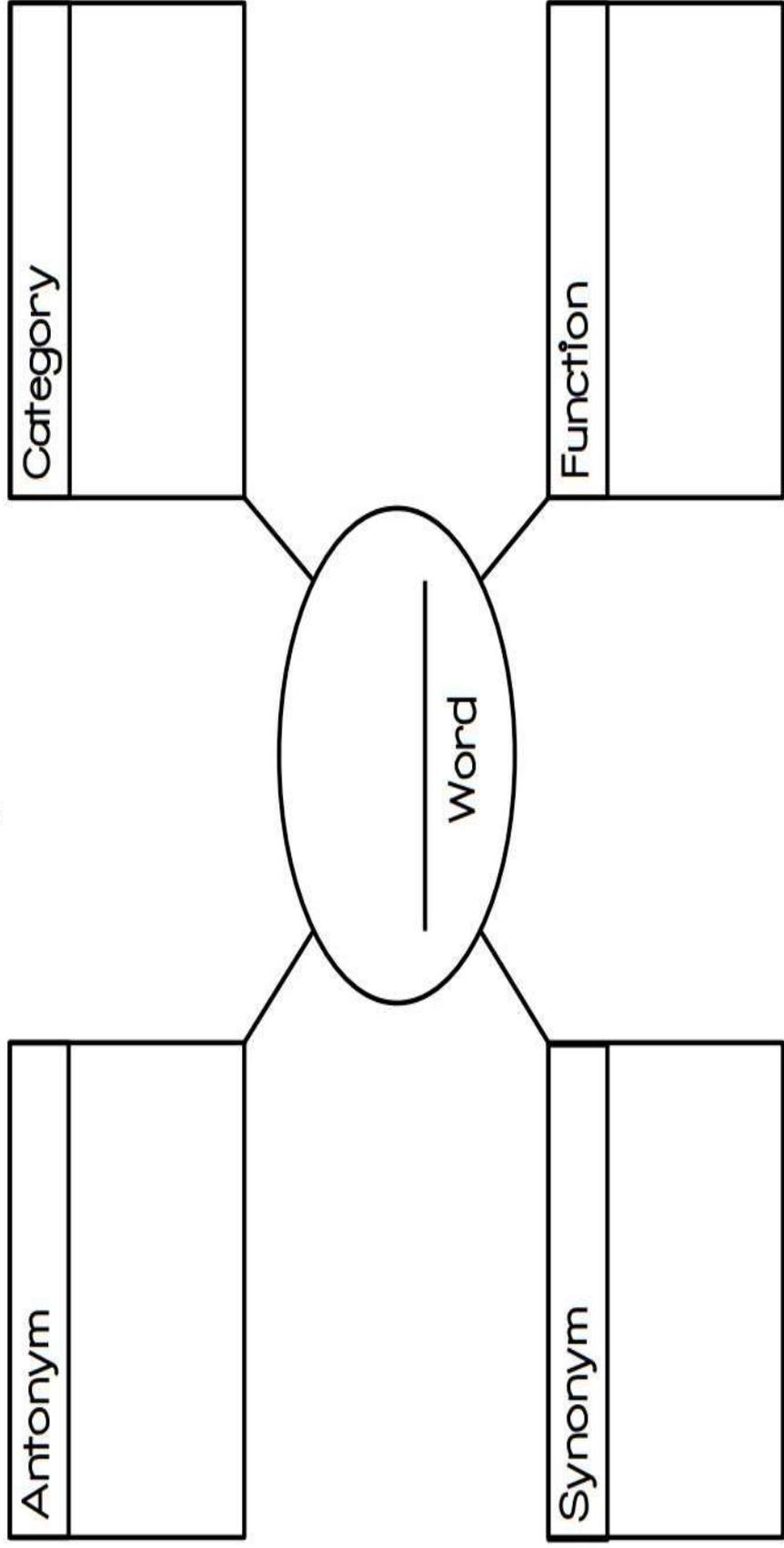




Name: _____

Week 3, English Task 1, Wednesday 20 October

Learning a New Word



Procedure Texts - Worksheet

Name _____ Date _____

Procedure Text Writing Scaffold

Title: _____

Goal: _____

Materials/Equipment/Ingredients

Method

Step 1: _____

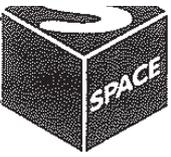
Step 2: _____

Step 3: _____

Step 4: _____

Step 5: _____

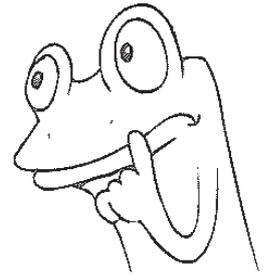
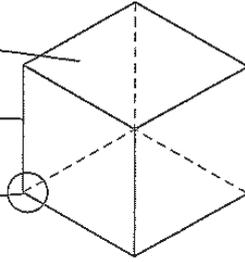




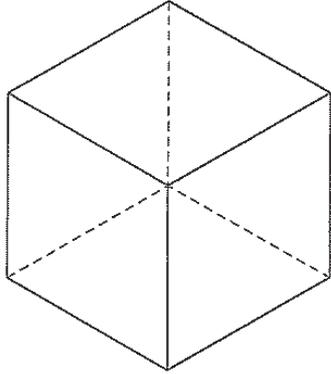
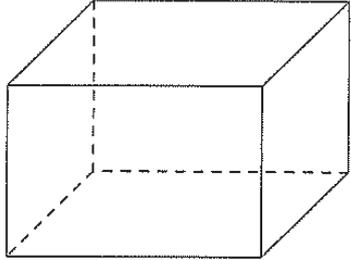
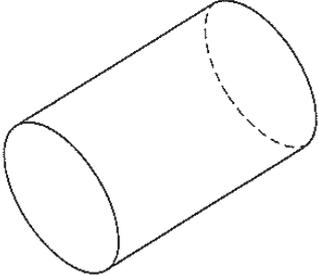
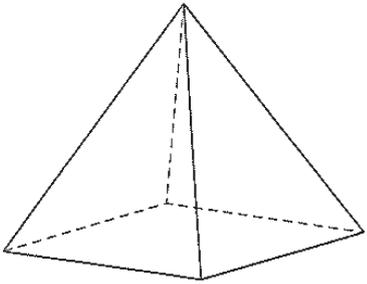
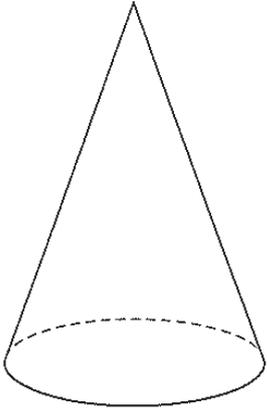
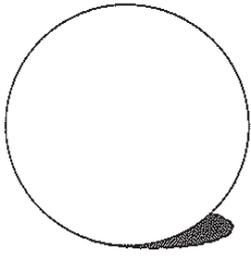
The face is the surface of a shape.

The edge is the side of a shape.

The vertex is the corner of a shape.



1. Fill in how many faces, edges and vertices there are on each shape. Colour the face or faces yellow, trace over the edges blue and draw a red cross on the vertices.

<p>(a)</p> <p>_____ faces</p> <p>_____ edges</p> <p>_____ vertices</p> 	<p>(b)</p> <p>_____ faces</p> <p>_____ edges</p> <p>_____ vertices</p> 
<p>(c)</p> <p>_____ faces</p> <p>_____ edges</p> <p>_____ vertices</p> 	<p>(d)</p> <p>_____ faces</p> <p>_____ edges</p> <p>_____ vertices</p> 
<p>(e)</p> <p>_____ faces</p> <p>_____ edges</p> <p>_____ vertices</p> 	<p>(f)</p> <p>_____ faces</p> <p>_____ edges</p> <p>_____ vertices</p> 

A HEALTHY DIET

Benefits of a healthy diet

We need to eat a wide variety of foods every day to provide our bodies with important nutrients to keep us healthy. Healthy foods contain essential vitamins, minerals, water, protein, fats, carbohydrates and fibre to help us grow and give us energy.

Like a machine, our bodies need the right fuel to work properly. Healthy food choices fuel our bodies. Unhealthy food choices contain lots of sugar and fat, making it hard for our bodies to fight diseases and can make us overweight.

We can not get all the nutrients we need from just one food so we must eat a balance of foods from each of the healthy food groups. These foods provide us with what we need to run a healthy body. The chart below explains the benefits of a well-balanced diet.

Food group ...	Provides ...	Important for ...
bread, cereal, rice, pasta, noodles	fibre, vitamins, minerals, carbohydrates and protein	energy, growth, repair of body
vegetables, legumes and fruit	vitamins, fibre, carbohydrates	managing weight, eyes, healthy bones, skin, red blood cells, teeth
dairy	calcium, protein, vitamins	energy, repairing cells, strong bones and teeth
meat, fish, eggs, nuts	iron, zinc, protein	carrying oxygen in the blood, healing, growth

1. Which foods would you eat to help you ...

(a) manage your weight?

(b) build strong bones?

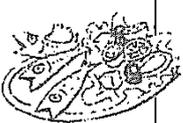
(c) have energy to play sport?

(d) heal a wound?

2. What benefits do you think these foods could give you?

3. Draw a favourite snack food.

(a)



(b)



(a) Is it healthy? YES NO

(b) If not, what would be a better choice?

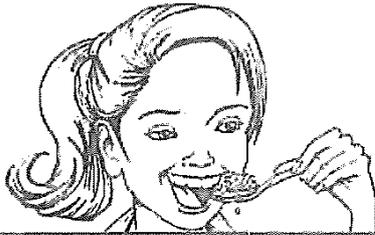
LIFESTYLE CHALLENGE

What did you bring for lunch today? Find out how the food in your lunch box helps your body.



(c) How could this healthy snack help your body?

Different foods, different benefits



Everybody needs to have a well-balanced diet which is made up of a variety of foods from different food groups. Food is important to keep us healthy, give us energy and help us grow. Different foods provide our body with different benefits.

<i>Food group</i>	<i>Provides</i>	<i>Important for</i>
bread, cereals, rice, pasta	fibre, vitamins and minerals, carbohydrates and protein	energy, growth, repair of the body
vegetables, legumes	vitamins, minerals, fibre and carbohydrates	healthy bones, teeth, eyes, skin, red blood cells
fruit	vitamins (especially vitamin C) and carbohydrates	managing weight and cholesterol and maintaining healthy bones and skin
milk, yoghurt, cheese	calcium, protein, vitamins	energy, repairing cells, strong teeth and bones
meat, fish, poultry, eggs, nuts	iron, zinc	carrying oxygen in the blood, healing of wounds, growth

1 List different types of foods that will help you to achieve:

- | | |
|--|---|
| (a) energy for playing sport. _____
_____ | (b) good eyesight. _____
_____ |
| (c) strong bones. _____
_____ | (d) correct body weight. _____
_____ |
| (e) healthy teeth. _____
_____ | (f) clear skin. _____
_____ |

2 (a) Kym went to her friend's house after school and was offered a peanut butter sandwich and a glass of milk. Because of her allergies to peanuts and dairy products, she was unable to have either. Are there any foods you are not allowed to eat?

yes **no** What are they?

(b) When Ryan went out to dinner with his parents, he found lots of things on the menu he didn't like. It was all fancy food! He just wanted a pizza. What foods don't you like to eat?

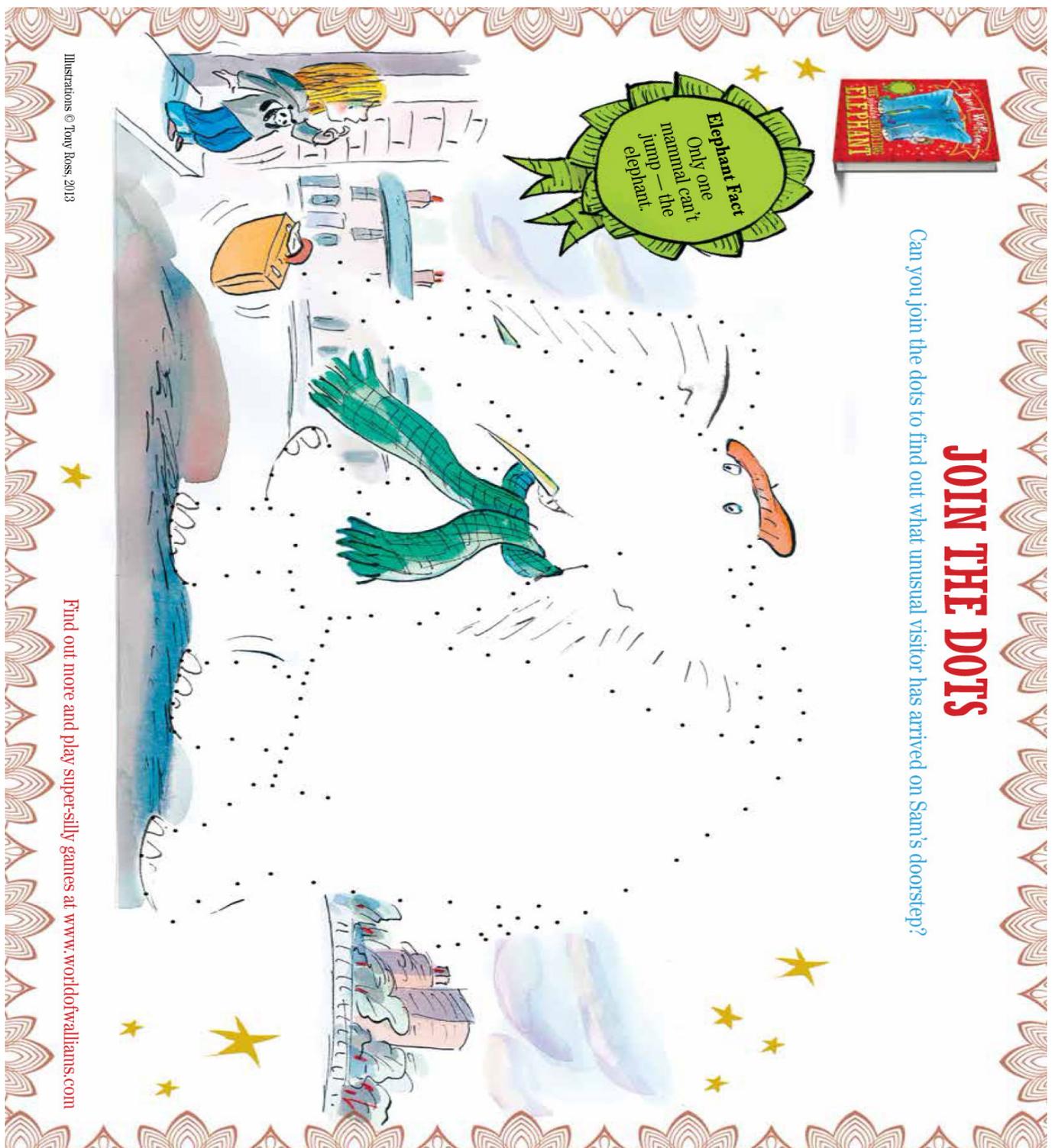
['The Slightly Annoying Elephant' by David Walliams

What if an elephant turns up to your house like at Sam's?

- Write a set of instructions to help others look after the elephant in the story. List the needs or events along with the instructions explaining what to do and what you might need to help you do it!

Be sure to include in all the things that are required to care for an elephant: Food, Entertainment, sleeping, exercise, friends? Add anything else you can think of

Here is something just for fun!



Name: _____

Date: _____

Independent and Dependent Clauses

Finish off these sentences by adding a dependent clause. Remember, a dependent clause cannot stand alone as a separate sentence.

It is a cold day today **because** _____.

The footballer broke his leg **whilst** _____.

The girl pulled out all the weeds in the garden **so** _____.

The boy rode his bike to the shops **because** _____.

Our dog will run out of our yard **if** _____.

The actor received many awards **for** _____.

The man ran in the rain **because** _____.



Kookaburra

Kookaburras can be found in the coastal areas of eastern Australia and the south-west region of Western Australia. They are the largest member of the kingfisher family but generally eat snakes, lizards, mice and smaller birds rather than fish. Kookaburras live in small family groups with older siblings helping to raise new chicks. It has a very distinctive call that sounds like someone laughing and it can usually be heard at dawn and dusk.



Kookaburra

Handwriting practice area consisting of 20 sets of horizontal lines. Each set includes a solid red top line, a dashed blue middle line, and a solid red bottom line, providing a guide for letter height and placement.

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Kookaburra

Handwriting practice area consisting of 20 sets of horizontal lines. Each set includes a solid red top line, a dashed blue middle line, and a solid red bottom line.

Thursday 21st October Geography Update due

Reminder Geography Task 1 Project Planning activity continued from Monday is due to your teachers today.

- Your teacher needs to see evidence of what information you have gathered so far in the form of hand-written notes or typed into a word or google document. You don't need to worry about the presentation just yet.
- Using your Inquiry chart (planning sheet) from week 2, match up your subheadings with questions you had that you wanted to investigate.

Please send evidence of what research you have completed so far to your teacher today.